



BREAKFAST A LA CARTE

CONTINENTAL BREAKFAST	10.00
Fresh juice	
Seasonal fruit	
Assorted bakery basket served with homemade jams, honey, butter	
Cereal of your choice with fresh milk	
Freshly brewed coffee, tea or hot chocolate	
PASTRY BASKET	3.75
Freshly baked croissant served with jam and honey	
TOAST	2.75
White, brown or gluten-free served with homemade jams, honey and butter	
CEREALS (V)	2.00
Corn Flakes, Coco Pops or Special K	
served with whole, skimmed, soya or almond milk	

HEALTHY

EGGS & AVOCADO (V)	5.25
Poached eggs, chopped avocado, salsa verde on toasted rye bread	
SPINACH PANCAKE (V)	5.00
Fried egg, crispy pancake, avocado, spinach, cherry tomato, halloumi	
GRILLED HALLOUMI (GF)	4.25
Grilled halloumi, smoked chipotle chilli jam, cherry tomatoes, date syrup	
FRESH MORNING SALAD (V)	4.00
Cherry tomato, cucumber, parsley, lemon juice, extra virgin olive oil	
HOMEMADE GRANOLA (V)(N)	3.25
Served with whole, skimmed, soya, almond milk or yogurt	

EGGS

CHOICE OF EGGS (V)	4.75
Scrambled, omelette, poached, boiled, fried	
served with three fillings and three sides of your choice	
EGG WHITE OMELETTE (V)	4.75
With choice of three fillings and three sides	

Selection of fillings:

Turkey ham | Cheese | Capsicum | Mushroom | Onion | Tomato

Selection of Sides:

Bacon | Chicken sausage | Hash brown | Grilled tomato | Sautéed mushrooms

(V) Vegetarian (N) Contains Nuts (GF) Gluten Free (S) Spicy

"Please let us know of any special requirements, allergies and so on and we will happily enhance your dining experience"
All prices are in Bahraini Dinars and are inclusive of 10% service charge, 5% government levy and 10% VAT.

CLASSIC EGGS

ROOT VEGETABLE WAFFLE (V)	5.25
Seasonal root vegetable waffle, poached egg, tomato chutney	
EGGS BENEDICT	5.25
Turkey ham, soft poached eggs, hollandaise sauce on toasted English muffin	
EGGS FLORENTINE (V)	5.25
Baby spinach, soft poached eggs, hollandaise sauce on toasted English muffin	
EGGS ROYALE	5.25
Smoked salmon, soft poached eggs, hollandaise sauce on toasted English muffin	
KASHMIRI HASH WITH MISO HOLLANDAISE (V)	5.25
Potato hash, Kashmiri sauce, beetroot, spinach, soft-boiled fried egg, and miso hollandaise	

REGIONAL

THE SHAKSHOUKA (V)	4.25
Scrambled style eggs, tomato, cumin powder served with Arabic bread	
TMH TAHINA FLAVOURED FUL MEDAMES (V)	4.25
Braised fava beans, cumin, lemon, extra virgin oil, fried egg and tahina served with Arabic bread	

SWEETNESS

BLUEBERRY BAKED CHEESECAKE (N)	5.50
Baked cheesecake served with homemade blueberry sauce	
COTTAGE CHEESE PANCAKE (V)	4.75
Cottage cheese pancake is served with fresh berries, fraise cream and date syrup	
CHOCOLATE BROWNIE (N)	4.75
Served with caramel sauce	
VANILLA WAFFLE WITH BANANA ICE CREAM (V)	4.75
Fresh berries, banana ice cream, homemade chocolate syrup	
FRESH FRUIT (V)	3.75
Freshly sliced seasonal fruit	
FRUIT SALAD (V)	3.25
Diced fresh seasonal fruit in a light fruit syrup	
YOGURT	2.00
Yogurt topped with homemade fruit compote	

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BEVERAGE

BREAKFAST SMOOTHIES (V)		4.25
Yogurt smoothie with a choice of banana, strawberry or blueberry		
FRESHLY SQUEEZED JUICES (V)		4.50
(Also mixed as you please, from any of the juices you can make your own combination)		
Apple Carrot Orange Pineapple Watermelon		
CHILLED JUICES (V)		3.50
Cranberry Grapefruit Tomato		
COFFEE		AVANTCHA (Loose Tea)
Cappuccino	3.75	Chamomile
Flat White	3.75	Darjeeling
Latte	3.75	Earl Grey
Mocha	3.75	English Breakfast
Americano	3.25	Fujian Oolong
Decaffeinated Coffee	3.25	Green Sencha
Double Espresso	3.25	Masala Tea
Double Macchiato	3.25	Peppermint
Turkish Coffee	3.25	Silver Needle (organic)
Macchiato	2.75	
Ristretto	2.75	
Single Espresso	2.75	
TMH Ginger Tea		3.75
Hot Chocolate		3.25
MILK SELECTION		1.75
Full cream, skimmed, soya or almond milk		

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