



SERVICES OFFERED:

We have a wide range of services under movement, mindfulness, and healing for adults and kids. Our services include but are not limited to:

- Yoga
- Meditation
- Kids wellness
- Sound healing
- Breathwork
- Body work
- Energy healing
- Reflexology
- Corporate wellness
- Well-being day
- Stress release
- Laughter and happiness
- Wellness retreats

Who We Are

About Us

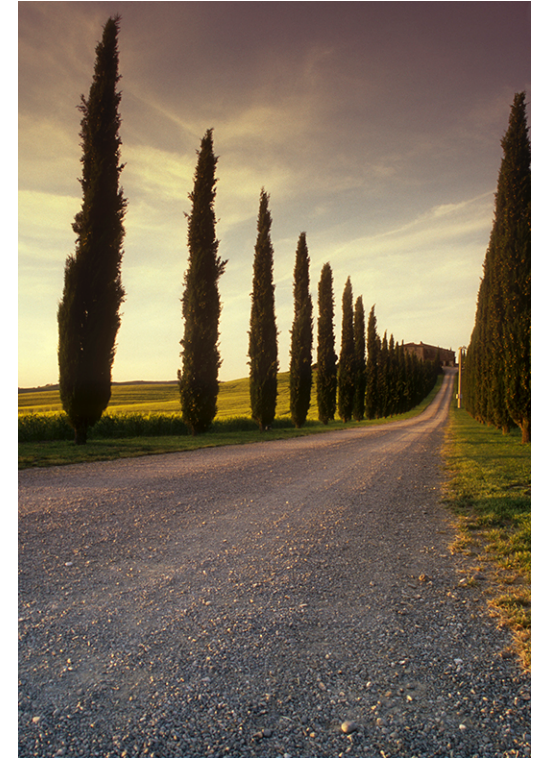
Soul Side Studio is your best holistic wellness space to come unwind and relax. Soothe and strengthen your body with physical and mind-based therapies. Become a part of our friendly community, passionate about sparking creativity and connection through wellness and art. Here, you get a chance to interact with leaders and learn invaluable tools to become happier and healthier versions of yourselves.

Contact Us

Phone: 054 263 0355

Email: wellness@soulsidestudio.com

Web: www.soulsidestudio.com



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THE WELLthy SIDE OF YOU

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SOUL SIDE WELLNESS

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