



# PIZZAEXPRESS UAE MENU ALLERGEN MATRIX

Your safety is of the utmost importance to us. Our allergen menu details information on our ingredients and dishes. Please let the team know if you have any allergen or dietary requirements.

Although, appropriate controls have been implemented while handling and preparing food, unfortunately as our suppliers handle numerous ingredients and allergens, and our dishes are handmade in busy kitchens, it is not possible for us to guarantee that they are 100% allergens/contaminants free.

Vegetarian: (Lacto-Ovo): Avoid meat, fish and poultry or products containing these foods; but do consume dairy and egg products.

All Vegan Cheeses contain Coconut Oil.

PRODUCTS INDEX	DOES IT CONTAIN?													DIETARY CHOICES	COMMENTS		
	ALLERGENS																
	Gluten	Milk/dairy	Egg	Fish	Crustacean	Molluscs	Soya	Sulphites	Sesame	Celery	Mustard	Peanut	Tree Nuts Products			Lupin	Suitable for Vegetarians
<b>SOUP AND STARTER</b>																	
Lentil & Carrot Soup	✓	✓					✓								YES	NO	Available GF without Garlic Bread, Soy (Baguette Bread)
Cream of Chicken Soup	✓	✓					✓		✓						NO	NO	Soy (Baguette Bread)
Burrata & Pomodoro Bruschetta	✓	✓					✓						✓		YES	NO	Nuts (Pesto genovese), Soy (Baguette Bread)
Loaded Potato Dippers		✓	✓							✓					NO	NO	Egg, Mustard & Might Contain Traces of Sulphites (Chipotle Mayo)
Potato Dippers		✓	✓												YES	NO	MCT (Might Contain Traces) Gluten as same oil is used for frying gluten-containing food
Dough Balls PizzaExpress with Garlic Butter	✓	✓					✓								YES	NO	Soy (Butter)
King Prawn Supremi					✓										NO	NO	
Calamari with Pesto Mayo	✓	✓	✓			✓	✓			✓			✓		NO	NO	Dairy, Egg, Soy, Mustard & Cashew Nuts (PestoMayo)
Garlic Bread Cheese Trio	✓	✓													YES	NO	
Hot Honey Dough Balls	✓														YES	NO	Not suitable for Vegans as it contains Honey
<b>FLAIR UP YOUR WINGS</b>																	
Spicy Chicken Wings							✓								NO	NO	
Barbeque Sauce		✓					✓		✓						NO	NO	
Honey Chilli Basil							✓								NO	NO	
<b>SHARING STARTER</b>																	
La Grande Platter	✓	✓	✓				✓			✓			✓		NO	NO	
Doppio Dough Balls (with Pesto Rosso, Pesto Genovese & Garlic Butter)	✓	✓					✓						✓		YES	NO	Soy (Butter), Cashew (Pesto Genovese), Walnuts (Pesto Rosso)
<b>SALAD</b>																	
Pollo Milanese	✓	✓					✓						✓		NO	NO	Soy & Cashew (Pesto Genovese)
Beetroot Buddha Bowl							✓	✓	✓						YES	YES	Sesame (Hummus), Sulphites (Balsamic)
Grand Chicken Caesar	✓	✓	✓				✓					✓			NO	NO	Mustard & Egg (HouseDressing), Gluten & Soy (Croutons)
Superboost		✓	✓							✓					NO	NO	Egg & Mustard (House Dressing)
Burrata & Rocket Salad		✓					✓								YES	NO	Sulphites (Balsamic)
<b>CLASSIC PIZZAS</b>																	
Meat Lovers	✓	✓					✓				✓				NO	NO	
American	✓	✓					✓				✓				NO	NO	Soy (Carlo & Pepperoni) & Mustard (Pepperoni)
Arabizza	✓	✓					✓								NO	NO	
Apollo	✓	✓					✓				✓				NO	NO	Mustard (Tandoori Chicken)
Burrata	✓	✓					✓								YES	NO	
Carbonara	✓	✓	✓				✓								NO	NO	Egg (Cage-Free Egg & Carbonara Sauce)
Quatro Formaggi	✓	✓					✓								YES	NO	
Giardiniera	✓	✓					✓								YES	NO	
Margherita	✓	✓					✓								YES	NO	Can be prepared "Vegan" By using "Vegan Mozzarella"
<b>ROMANA PIZZAS</b>																	
American Hottest	✓	✓					✓				✓				NO	NO	Mustard (Pepperoni)
Diavolo	✓	✓					✓				✓				NO	NO	Mustard (Pepperoni)
Pescatore	✓	✓			✓	✓	✓								NO	NO	
Hawaii-not?	✓	✓					✓								NO	NO	
Pollo Forza	✓	✓					✓								NO	NO	
Porcini & Truffle	✓	✓					✓								YES	NO	
Paneer Tikka	✓	✓					✓				✓				YES	NO	Mustard (Paneer Tikka)
Triple Chilli Cheese	✓	✓					✓								YES	NO	
Margherita Bufala	✓	✓					✓								YES	NO	
<b>LEGGERA PIZZAS</b>																	
Mare e Monti	✓	✓			✓		✓	✓							NO	NO	
Pomodoro Pesto	✓	✓					✓					✓			YES	NO	Sulphites (Balsamic)
Pollo Forza	✓	✓					✓								NO	NO	
<b>SPECIALITY PIZZA</b>																	
Calabrese	✓	✓					✓					✓			NO	NO	Nuts (Pesto Genovese), Dairy also present in Spicy Beef Salami
<b>PASTA</b>																	
Contadina	✓	✓					✓								NO	NO	Soy (Butter)
King Prawns Piccante	✓	✓			✓		✓								NO	NO	
Frutti di Mare	✓	✓			✓	✓	✓								NO	NO	
Porcini & Truffle	✓	✓					✓								YES	NO	Truffle Cream also contains Gluten
Arrabbiata con Bocconcini	✓	✓					✓								YES	NO	
Creamy Cajun Chicken	✓	✓					✓								NO	NO	
Pollo Piccante	✓	✓					✓								NO	NO	Soy (Butter)
Carbonara	✓	✓	✓				✓								NO	NO	Soy (Butter)
Bolognese	✓	✓					✓			✓					NO	NO	Soy & Celery (Bolognese Sauce)
Beef Lasagna	✓	✓					✓			✓					NO	NO	
<b>DESSERTS</b>																	
Basque Burnt Cheesecake	✓	✓	✓												YES	NO	
Tiramisu	✓	✓	✓												YES	NO	
Honeycomb Cheesecake	✓	✓	✓												YES	NO	
Dough Balls with Nutella	✓	✓										✓			YES	NO	Hazelnut (Nutella)
Chocolate Fondant	✓	✓	✓				✓								YES	NO	Hazelnut (Nutella)
Chocolate Fudge Cake	✓	✓	✓												YES	NO	
Vanilla Ice Cream	✓	✓													YES	NO	
Chocolate Ice Cream	✓	✓					✓								YES	NO	
<b>REFRESHERS</b>																	
Passion Fruit Virgin Mojito															YES	YES	
Cucu-Mint Cooler															YES	YES	
Blue Pea Mojito															YES	YES	
Watermelon Punch															YES	YES	
Tropicana Kick															YES	YES	
Fresh Juices															YES	YES	